



A Barefoot Doctor s Guide for Women

By Georgette Delvaux

North Atlantic Books,U.S., United States, 2007. Paperback. Book Condition: New. 211 x 140 mm. Language: English . Brand New Book. In A Barefoot Doctor s Guide for Women, Georgette Delvaux, DC, focuses on hormonal health explaining in a conversational tone how issues related to menstruation, pre-menopause, and menopause can begin as mere annoyances and gradually develop into major problems that affect both body and mind. She describes the harmful late effects of treating hormonal imbalances with artificial hormones--a popular practice--and introduces Thermography, the exciting but still little-known method of detecting dangerous changes in breast tissue. With spirit and intelligence, Dr. Delvaux takes on these and other often-taboo topics, encourages women to trust subtle changes in their own sensations, and helps them understand both alternative and conventional medicine.



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