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Essential Oils: Recipe Quick Reference: Aromatherapy Recipes for Home and Family

By Bella Sherwood

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Are you and your family exposing yourself to toxic chemicals?***SPECIAL OFFER!!!** LIMITED TIME OFFER 40 OFF (Regular Price \$4.99) Many people turn to aromatherapy as an alternative to modern medicine for general health and well being. The use of essential oils as a safer alternative is a fantastic way of keeping your family healthy and happy without exposing them unnecessarily to harsh medications, chemicals or products. In this book we will show you the correct, safe way to make your own collection of aromatherapy treatments and products from scratch, whether for your own use or because you are trying to start your own business - in a quick, easy to read format. This resource is perfect whether you are just starting out in your aromatherapy endeavours, or whether you are already making your own products and just need some new ideas. In this book, you will learn the following practical information: The fundamental knowledge that you will require to ensure correct usage and application of essential oils Brief information regarding the effectivity of various essential oils Step-by-step tutorials on...



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