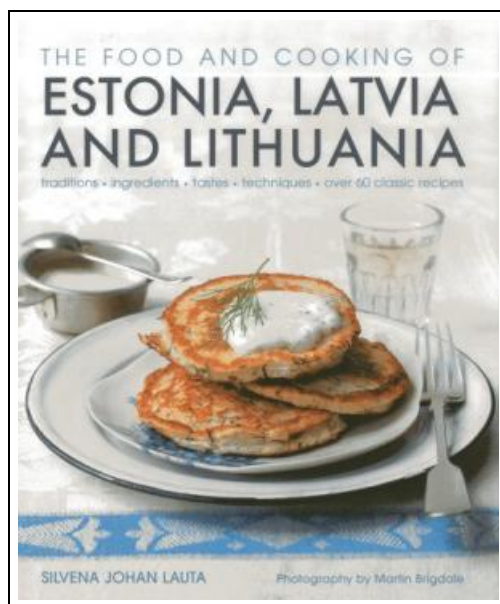


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Lorenz Books, 2009. Hardcover. Condition: New. In this book, over 60 delicious recipes are divided into chapters on Soups; Appetizers, Dumplings and Side Dishes; Fish and Shellfish; Meat Dishes; and Desserts. The many delectable dishes include Zeppelins (the famous Lithuanian dumplings) with crispy bacon and sour cream, or Latvian Pork and Veal Patties with Sour Cream and Mustard Sauce (kuzemes). For a sweeter appeal, try the Estonian Apple and Almond Cheesecake or Baltic Rye, Poppy Seed and Honey Cookies. The carefully compiled selection by Baltic specialist Silvena Johen Lauts conveys the eating traditions of Estonia, Latvia and Lithuania. Supported with over 300 specially commissioned photographs, the reader can absorb the diverse influences and relish the rustic tastes of these three little-known cuisines.

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