



The Spiritual Exercises

By St Ignatius of Loyola

Createspace, United States, 2014. Paperback. Book Condition: New. Translation. 224 x 148 mm. Language: English . Brand New Book ***** Print on Demand *****.Ignatius of Loyola (1491- 1556) was a Spanish knight from a Basque noble family, hermit, priest since 1537, and theologian, who founded the Society of Jesus (Jesuits) and was its first Superior General. Ignatius emerged as a religious leader during the Counter-Reformation, and his devotion to the Catholic Church was characterized by unquestioning obedience to the Catholic Church's authority and hierarchy. After being seriously wounded at the Battle of Pamplona in 1521, he underwent a spiritual conversion while in recovery. De Vita Christi by Ludolph of Saxony inspired Loyola to abandon his previous military life and devote himself to labour for God, following the example of spiritual leaders such as Francis of Assisi. He experienced a vision of the Virgin Mary and the infant Jesus while at the shrine of Our Lady of Montserrat in March 1522. Thereafter he went to Manresa, where he began praying for seven hours a day, often in a nearby cave, while formulating the fundamentals of the Spiritual Exercises. In September 1523, Loyola reached the Holy Land to settle there, but...

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