



Evidence-based Treatment Planning for General Anxiety Disorder DVD Companion Workbook (Paperback)

By Arthur E. Jongsma, Timothy J. Bruce

John Wiley and Sons Ltd, United Kingdom, 2012. Paperback. Condition: New. Workbook. Language: English . Brand New Book. There is growing pressure to ensure that patients receive care that is proven effective and subsequently, a tremendous need to train mental health practitioners in the latest in Evidence-Based Practice (EBP). Evidence-Based Treatment Planning for Generalized Anxiety Disorder DVD Companion Workbook covers presenting problems stemming from generalized anxiety issues. The DVD (sold separately) demonstrates the techniques and treatment interventions covered in the lecture. This workbook guides staff in implementation of the interventions with their clients subsequent to the DVD training. Ideal for training mental health professionals at any level.

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