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Red Velvet Underground: A Rock Memoir, with Recipes

By Freda Love Smith

Surrey Books,U.S. Paperback. Book Condition: new. BRAND NEW, Red Velvet Underground: A Rock Memoir, with Recipes, Freda Love Smith, Freda Love was a 19-year-old college dropout who'd escaped Indiana for Boston when she became the drummer for The Blake Babies in 1989. Twenty-five years later, she's the suburban mother of two teenaged sons, teaching at a prestigious university, and thinking about restarting her last band, the Mysteries of Life. Her oldest is getting ready to head to college, and she realizes one of the best things she can do for him is teach him to cook. Red Velvet Underground tells the story of how Smith's indie-rock past evolved into her domestic present. Loosely framed around cooking lessons she gives her older son, her story moves back and forward in time as she recollects how she got started in music, and how her career in rock eventually dovetailed with her passion for cooking and, later, the growth of her family. The book intersperses forty-five recipes with personal stories about her music career, cooking, eating, and family. Throughout, she reflects on how food and music have intersected throughout her life, from the time The Smiths' "Meat is Murder" inspired her to become...



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