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Helping with Spiritual Emergencies: Guiding the Psychonaut Through Conversion, Visions, Near Death, Ayahuasca, Rising Kundalini, and Oneness with the Universe (Paperback)

By Robert Nelson

Createspace, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Spirituality is a major part of human life. It provides use with meaning, understanding, solace, support, and insight. It can also be the source of confusion and distress. As we progress spiritually we sometimes experience significant growth which can be called spiritual emergence. This can be due to a mystical experience, conversion, initiation, or from some trial or loss. It is all part of the process of gaining wisdom, understanding and compassion. At times the growth expected is so significant that the emergence turns into an emergency. We might experience an emergency as similar to depression or we might become confused, questioning, and feel displaced. We might experience anomalous experiences such as increased intuition, psychic experiences, or even voices. Unfortunately the systems set up in our society will often discount such experiences as mental illness and attempt to suppress them through psychiatric medication. This invalidates the person and experience and often leads to avoidable problems. This book provides background on various types of spiritual and religious crises. These include the Kundalini emergency and related emergencies that can come from various spiritual practices...



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