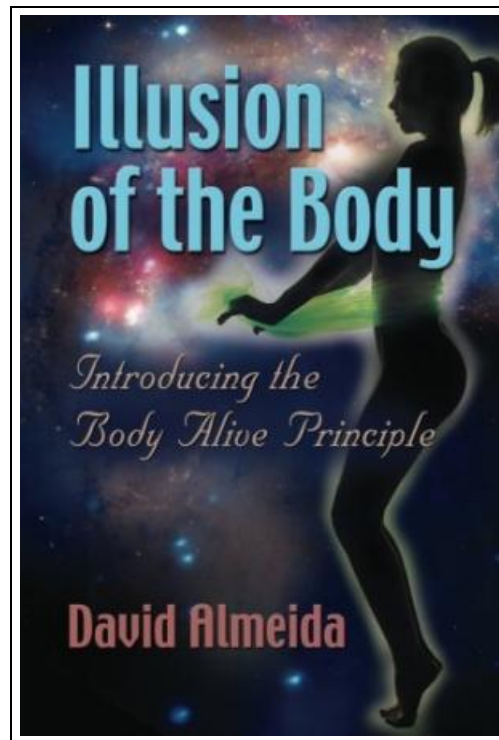


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Mystic River Publishing. Paperback. Book Condition: New. Paperback. 212 pages. The Illusion of the Body: Introducing the Body Alive Principle is the divinely inspired work of author David Almeida. This book opens the door to a new understanding in metaphysical thinking. The author draws on the philosophy of panpsychism to support his contention that an unseen ocean of consciousness exists all around us, and within our own bodies (i. e. cells, organs, and systems). The author refers to the Body Alive Principle as panpsychic healing. This text offers proven techniques for communicating with the body intelligences the author terms the little minds. This process is intended to bring healing to those with both minor and severe medical conditions. Some of the most common medical complaints treated by the Body Alive Principle includes: 1. Back or neck pain2. Allergies3. Arthritisrheumatism4. Difficulty walking5. Headaches6. Lung problems7. Digestive8. Gynecological9. Anxiety disorders10. Heart conditions The author contends that even the most nefarious medical issues are curable or can be successfully managed using the Body Alive Principle. This is accomplished through the action of human super mind, which will at times consciously supervise the activities of the little minds. The Illusion of the Body instructs its Body Alive practitioners to approach their recovery using several time-tested techniques. Three widely recognized methods are employed in the application of the panpsychic healing philosophy. These modalities are creative visualization and empathetic listening followed by affirmative commands. Each technique is essential to the effectiveness of the Body Alive Principle. This book also discusses guilt and its deleterious effect on the body. True guilt has a beneficial quality when it prevents us from repeating an unacceptable behavior. Beyond this, guilt causes us to become ineffectual. The author holds that this antiquated form guilt needs to be purged, so that we...



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