



Bare Naked Bravery: How to Be Creatively Courageous (Paperback)

By Emily Ann Peterson

Eap Media Int l, 2018. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Finally, a definitive explanation of bravery. Bare Naked Bravery: How to Be Creatively Courageous is a deeply vulnerable rebellious how-to memoir for people who are tired of feeling like they should be brave but don't know how courage could possibly unfold from their current fears and comfort zones. You'll finish Bare Naked Bravery empowered to confidently practice and build your own creative courage beyond your wildest imagination. Build Your Bravery, One Step at a Time. No one is a stranger to moments of terror and stuff hitting the fan. Fear will rear its ugly head no matter your background, upbringing, career path, or goals. But how do we get brave without getting reckless? How can we encounter life with great abandon and wise courage? How do we stand for ourselves and others without having a panic attack? What does bravery even mean? How do we recreate it? Is it born or built? Author singer-songwriter Emily Ann Peterson asked these same questions in 2013 after a life-altering, career-halting diagnosis of a degenerative neurological disease in her right hand. As a...



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