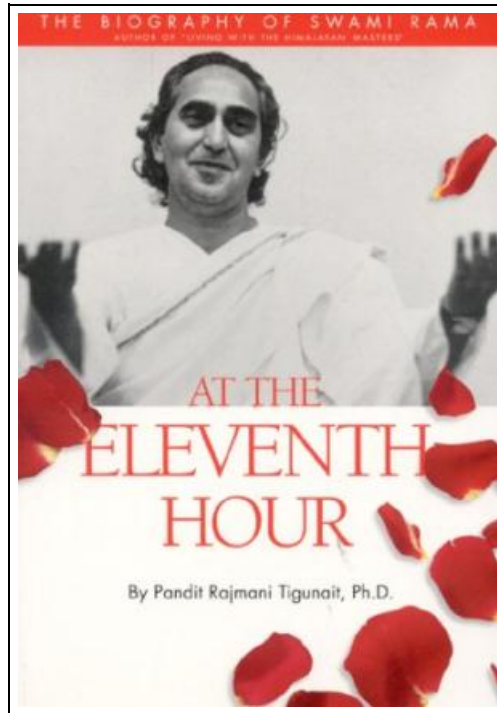


At the Eleventh Hour: The Biography of Swami Rama



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Reviews

Very helpful to any or all category of folks. It is written in simple phrases rather than difficult to understand. It has been developed in an exceptionally simple way and is particularly just after I finished reading this pdf in which it basically transformed me, modifying the way in my opinion.

(Hank Runte)

AT THE ELEVENTH HOUR: THE BIOGRAPHY OF SWAMI RAMA



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Himalayan Institute Press, United States, 2007. Paperback. Book Condition: New. 2nd Revised edition. 228 x 158 mm. Language: English . Brand New Book. On the surface this book is a biography of a great sage of the Himalayas who mastered the practices of yoga and brought to the West a system for understanding the mysteries of body mind and spirit. But like the life of Swami Rama these pages go much deeper than a mere sequence of astonishing events. Through stories of the authentic and fruitful guru-disciple relationships Swami Rama had with both his mysterious master Baba Dharam Das and his own students you will see how the precious stream of spiritual tradition is transmitted through the generations. These pages also serve as a guide to the more esoteric and advanced practices of yoga and tantra not commonly taught or understood in the West. They bring you to holy places in India revealing why these sacred sites are important and how to go about visiting them. The wisdom in these stories penetrates beyond the power of words. As you read Pandit Tigunait s tales of life with his master and see how a committed student actually draws knowledge and nourishment from his teacher you will feel a few drops from the timeless stream of the traditions of the Himalayas planting themselves in your own heart.



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