



## Massive Life Success: Live a Stress-Free Life and Achieve Your Goals by Dealing with Anxiety, Stress and Fear

By Darius Foroux

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 198 x 129 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Fear defeats more people than any other one thing in the world - Ralph Waldo Emerson Do you want to change your career? Start a business? Stop losing sleep over a deadline? End your relationship? Or maybe, just live a fulfilling life? Everyone has goals and ambitions in life. But sometimes we do not pursue our dreams because we are afraid to fail or lose face. Instead of pursuing our dreams, we constantly worry about what we should have done or said, and this causes stress and anxiety. Moreover, that is the voice of fear, speaking to you. We see other successful people, who achieved their goals, and think, how do they do it? This book uncovers the fearless mindset you need to be successful. The truth is that fear makes us negative and timid. Research shows that almost 2/3 of our thoughts are negative. No wonder that every time we want to pursue our desires, fear holds us back. Achieve what you want from life: all it takes is action Fear is triggered...



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