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Motivational Moments in Women s Track and Field

By Mark Stanbrough, Dr Mark Stanbrough

Roho Publishing, United States, 2013. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.In Motivational Moments in Women s Track and Field, read inspirational stories of female athletes who overcame adversity to achieve success. Sixty female track and field athletes from all over the world and multiple generations are featured in this book. Stories are of well-known athletes like Wilma Rudolph, who overcame polio as a child to become an Olympic champion, or unknown athletes who never made it to the Olympics, such as Gretel Bergmann, who faced discrimination because she was Jewish, or Doris Brown Heritage, who faced gender discrimination when women were not allowed to run distance events. Some, such as Alice Coachmen, faced racial discrimination, but overcame the adversity to become successful. Many won multiple medals at the greatest athletic stage in the world. However, some had their dreams crushed when they were not allowed to compete in the Olympic Games due to war, boycotts, or injuries. Motivational Moments in Women s Track and Field is written for those who are currently competing, coaching, have participated in track and field or are simply a track and field...



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