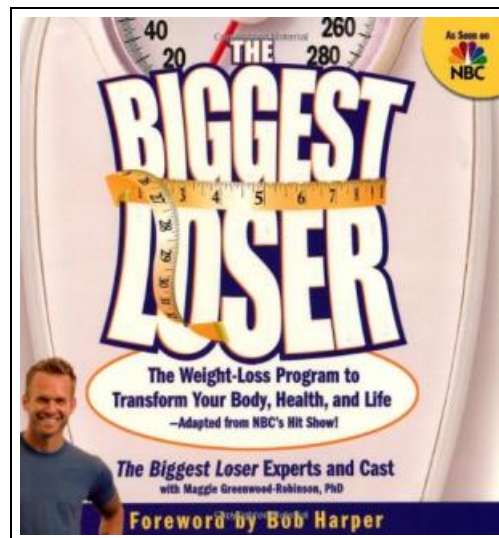


The Biggest Loser: The Weight Loss Program to Transform Your Body, Health, and Life--Adapted from NBC's Hit Show!



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Reviews



Absolutely essential go through publication. It is filled with knowledge and wisdom Once you begin to read the book, it is extremely difficult to leave it before concluding.
(Dr. Sierra Lowe Sr.)

THE BIGGEST LOSER: THE WEIGHT LOSS PROGRAM TO TRANSFORM YOUR BODY, HEALTH, AND LIFE--ADAPTED FROM NBC'S HIT SHOW!



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