



Your First Year of Varsity: A Survival Guide for College and University

By Shelagh Foster, Lehlohonolo Mofokeng

Bookstorm, South Africa, 2016. Paperback. Book Condition: New. 206 x 130 mm. Language: English . Brand New Book. Your First Year of Varsity talks directly to freshmen and first year university and college students who arrive at their place of higher education filled with hopes, expectations, fears and dreams; yet with little understanding of what this new world means and how to adapt, grow and graduate. The book addresses all the rules, demands, behaviours, skills and cultural shifts that will turn an undergraduate into a viable part of higher education life. Foster and Mofokeng have written the book in plain English and it is accessible to anyone who can read a magazine or newspaper. An empathetic, no-nonsense and practical guide to understanding the cultural and academic divide between high school and college or university. Ignorance is not bliss. Being prepared is.



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