



Ginger: Common Spice and Wonder Drug

By Paul Schulick

Hohm Press, U.S. Paperback. Book Condition: new. BRAND NEW, Ginger: Common Spice and Wonder Drug, Paul Schulick, For thousands of years ginger has been one of the world's most favored spices and a major ingredient in Oriental remedies. Yet, ginger's precious healing values are still virtually unknown and ignored in the modern world. This book proposes that your spice cabinet contains a healing substance that is beyond the therapeutic scope of any modern drug; a substance with the potential to save billions of dollars and countless lives. Author Paul Schulick calls ginger "the universal medicine". His book surveys the ancient claims of ginger's effective health usage as these are verified by international medical research. Supported by hundreds of scientific studies, this book leads the reader to discover the extraordinary personal and social benefits of using ginger. Among the medicinal uses of ginger that the author discusses are: daily energy tonic; cardiovascular protection; anti-ulcer remedy; arthritis treatment; digestive aid; natural therapy for colds and headache; relief of menstrual discomfort, nausea and parasites.

DOWNLOAD



READ ONLINE
[6.9 MB]

Reviews

Very useful to all category of men and women. I actually have study and i also am certain that i am going to going to read through again once more down the road. Its been written in an exceptionally simple way and is particularly only soon after i finished reading this publication by which basically altered me, modify the way in my opinion.

-- **Dr. Sarai Fisher DDS**

This book is great. it absolutely was writtern really perfectly and beneficial. You may like how the blogger compose this book.

-- **Pink Haley**