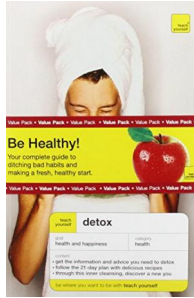


## Teach Yourself be Healthy



### Book Review

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**(Timothy Johnson DVM)**

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