



SLI Swim Instructor Training Workbook: Essential Skills for Swimming Lessons (Paperback)

By Jeffrey Napolski

Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Workbook. Language: English . Brand New Book ***** Print on Demand *****.SLI Swim Instructor Training Workbook Section 1 Every swim lesson season you train and retrain your staff. Returning seasonal employees get refreshed on their swim knowledge, and new members learn what streamlines are and why you do front glides before teaching side breathing. Take the confusion, long hours, and frustration out of you reoccurring swim staff training. Get the SLI Swim Instructor Training Workbook: Section 1 Swimming Ideas, LLC and Jeffrey Napolski are the driving forces behind the website all about making you a better swim instructor. Together they bring you the Swimming Lessons Ideas Swim Instructor Training Workbook. This book is used to train hundreds of new swim instructors every year. Get the print copy today, or download the digital version to print your own. In the workbook we break down the 15 essential swim skills ranging from going underwater and doing a supported front glide through learning the arms for breaststroke, teaching butterfly, and doing flip turns. Learn to do and teach everything in between. Solve that confused scared swim instructor and give them the knowledge to...



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