



Interacting Selves: Systemic Solutions for Personal and Professional Development in Counselling and Psychotherapy

By Arlene Vetere, Peter Stratton

Taylor & Francis Ltd. Paperback. Condition: new. BRAND NEW, Interacting Selves: Systemic Solutions for Personal and Professional Development in Counselling and Psychotherapy, Arlene Vetere, Peter Stratton, The counselling and psychotherapy professions have experienced a rapid growth and expansion throughout Europe, and internationally. State regulation of these professional practices has required personal development hours for those in training, continuing professional development for all qualified practitioners as well as supervision of their practice. Interacting Selves provides concepts and principles of personal and professional development (PPD) in training and supervision as part of an approach to lifelong learning for all those involved in psychotherapeutic work. Leading European trainers and practitioners draw on their shared background in systemic therapy to articulate a strong theoretical base for PPD. The volume functions not simply as a coherent description of the philosophy and rationale underlying PPD but also as a practice workbook whose chapters contain an array of elegantly crafted exercises, portable across the broad range of disciplines that give life to the social care and mental health fields at the same time as meeting the PPD needs of counsellors and psychotherapists of different theoretical persuasions. The approaches work through constant attention to PPD as an interpersonal...



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