



The Girls Body Book: Third Edition: Everything You Need to Know for Growing Up YOU

By Kelli Dunham Rn Bsn

Applesauce Press. Paperback. Condition: New. Laura Tallardy (illustrator). 128 pages. You have questions We have answers to everything you need to know for growing up you! Growing up isn't as easy as it looks. With changing emotions, friends, expectations, and bodies, some days it can seem like life is one big roller coaster ride. The Girls Body Book is here to help with expert advice, common sense tips, fast facts, and answers to all questions a girl might have. Topics include: From hair care to high heels, a head to toe guide to what's happening with your changing body Dealing with your friends even when they don't want to deal with you and how to handle Mean Girls Your guide to the care and keeping of parents, teachers, brothers, and sisters Sports, music, math, art, reading: finding out what you like and learning to like who you are This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.

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Reviews

Completely essential read publication. It is really basic but excitement in the fifty percent of the book. You will not really feel monotony at anytime of your respective time (that's what catalogues are for about in the event you ask me).

-- Lexie Paucek PhD

It is a of my personal favorite book. It is written in easy terms and never hard to understand. It's been designed in an exceedingly easy way and it is only after I finished reading this publication by which in fact changed me, change the way I think.

-- Lucinda Stiedemann